



**DEPARTMENT OF THE ARMY
HEADQUARTERS, UNITED STATES ARMY CADET COMMAND AND FORT KNOX
1ST CAVALRY REGIMENT ROAD
FORT KNOX, KENTUCKY 40121-5123**

ATCC-RO

MAR 07 2019

MEMORANDUM FOR

**Commanders, All Units Reporting Directly to this Headquarters,
Deputy Chiefs of General Staff, and Chiefs of Special Staff Offices, HQ USACC**

SUBJECT: Policy Memorandum 31 – Expansion of the ROTC Selected Cadet Athlete Program (RSCAP)

1. References.

a. Cadet Command Regulation 145-3, (Army Senior Reserve Officer's Training Corps (ROTC) Basic Officer Leader Course – A (BOLC-A) – On-campus Training and Leadership Development), 20 September 2011.

b. Army Regulation 40-501 (Standards of Medical Fitness), 14 June 2017.

c. Army Regulation 600-9 (The Army Body Composition Program), 28 June 2013

2. Purpose. Provide guidance to cadre and staff for recruiting college-level varsity athletes in order to increase opportunities for participation in Reserve Officers' Training Corps (ROTC) programs and commission as future Army Officers.

3. Recruiting. The Professor of Military Science (PMS) will expand on campus recruiting campaigns to inform collegiate athletes about opportunities to participate in ROTC.

a. Recruiting Operations Officers (ROO) will include varsity athletes as a target market in their Recruiting Enrollment Action Plan (REAP).

b. ROOs will develop a recruiting message specifically for varsity athletes, coaches, and administrators.

c. The recruiting focus is not limited to Military Science Level (MSL) 1s and MSL2s. ROOs should identify upper classman and provide them information about ROTC graduate school opportunities.

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4. Administration. Leaders at all levels will support flexible policies for college athletes to encourage enrollment and participation in ROTC. Ways to accommodate Cadet Athletes are:

a. Modified Height and Weight standards.

(1) See USACC Regulation 145-3 for more guidance.

(2) Cadet Athletes must meet height and weight standards before commissioning.

(3) RSCAP Cadets may not attend Army schools that perform height/weight evaluations as part of entry criteria. These include, but are not limited to, Airborne, Air Assault, and Sapper training.

b. No PT requirement during the athletic season.

(1) PMS may excuse Varsity and Junior Varsity Cadet Athletes from PT once the team begins organized practices and until the team's final competition of the season.

(2) Cadets must enroll in the ROTC Selected Cadet Athlete Program (RSCAP). See USACC Regulation 145-3, 2-8 for program execution and criteria guidance. Cadet Athletes will be administered an alternate APFT each time fitness testing is required.

(3) Cadet Athletes will be removed from the RSCAP program no later than the end of the athletic season of their last academic year. Once removed from the program, former selected athletes, like all Cadets, must meet Army body composition standards, all Physical Program testing, and course requirements prior to graduation.

c. PMS authorized latitude to adjust classroom, lab, and field exercises.

(1) During the collegiate athletic season, Cadet Athletes will be enrolled in MSL as an "Independent Study" (Physical Fitness Course, Master Fitness Course, Independent Study, Directed Study, or the PME requirement Military History), with some minimal participation in other battalion events and activities as directed by the PMS.

(2) Cadet Athletes will rejoin peer group immediately following collegiate athletic season to maintain alignment. Cadre will reschedule and add missed MSL/PME requirements to MSL curriculum of current semester/quarter.

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(3) Cadet Summer Training (CST) can be delayed for Cadet Athletes whose collegiate athletic training and season conflicts with CST until after the Cadet Athlete's senior academic year.

d. Provide alternate commissioning paths.

(1) PMSs will work with Cadet Athletes to align MSLs to accommodate peak times in their collegiate athletic career e.g. providing MSL IV curriculum prior to MSL III.

(2) Migration of Cadet Athletes to the next mission set to allow completion of MSL requirements or CST prior to commissioning.

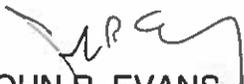
e. Provide nutrition and weight loss-training program referencing AR 600-9 in order to meet commissioning requirements.

(1) Identify weight loss needed to meet Army standards.

(2) Develop fitness plans to meet Army standards and provide nutrition plans to encourage healthy weight reduction.

5. The policy is effective immediately and the proponent will incorporate it into the next revision of USACC Regulation 145-17.

6. The proponent of this policy is Deputy Chief of Staff RMID.


JOHN R. EVANS JR.
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Commanding